

# HELP END SEXUAL VIOLENCE

A woman is forcibly raped every minute in the United States.  
Her life is disrupted by this act of violence, and so are the lives of her family, friends and co-workers.  
If you know more than 3 women, then you know a survivor of rape or sexual assault.  
And you can make a difference.

## *BECOME A RAPE CRISIS ADVOCATE*



*WE GUARANTEE YOUR LIFE WILL NEVER BE THE SAME.*

Through our intensive training program, you will –

- Gain an overview of the historical, psychological and socio-cultural roots of violence against women
- Develop crisis intervention and active listening skills
- Join a strong, supportive and dedicated community of volunteers
- Learn how to support survivors in regaining a sense of control and empowerment
- Become familiar with community, medical and legal options for survivors of sexual assault
- Become a state-certified sexual assault counselor

As a trained volunteer, you will handle a weekly shift during which you may –

- Respond to phone calls received on our 24-hour crisis line
- Provide short term, in-person crisis counseling
- Interact with other agencies and individuals on behalf of a survivor
- Make a huge difference in the life of someone affected by sexual assault

**NEXT TRAINING OPPORTUNITY:  
AUGUST 23, 2004 – OCTOBER 13, 2004**

Classes will meet Monday and Wednesday evenings (6:00pm - 10:00pm).  
and one Saturday (September 18<sup>th</sup>) from 10am – 2 pm.

We especially need volunteers who are Spanish/English bilingual!

**(805) 963-6832**

SANTA BARBARA RAPE CRISIS CENTER  
CENTRO CONTRA LA VIOLACION SEXUAL  
111 North Milpas, Santa Barbara, CA 93103

[www.sbrapecrisiscenter.org](http://www.sbrapecrisiscenter.org)

24-Hour Hotline 564-3696 (Ask for a Rape Crisis Advocate)

ADDITIONAL TRAINING AND SUPERVISION AVAILABLE FOR MFT TRAINEES & INTERNS