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**SANTA BARBARA RAPE CRISIS CENTER**  
**CENTRO CONTRA LA VIOLACION SEXUAL**

**VOLUNTEER NEWSLETTER**

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**ANNOUNCEMENTS**

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**MONTHLY ADVOCATE MEETING:**

**Monday, November 19<sup>th</sup>, 2007, 6:00-8:00 p.m.**

For this Month will be the third Monday of the month which is **November 19<sup>th</sup>**. The topic will be focused on "How to empower Survivors to acknowledge their Control". Please remember to submit all advocate shift logs at the end of the month and note that community events such as lectures or workshops count toward your yearly in-service. For more information please contact Yesenia at [yesenia@sbrcc.net](mailto:yesenia@sbrcc.net). Please note that we will not have a December meeting but hope to see you all here for the Holiday Mixer.

The advocate meeting for January will be **1-14-08** at 6 p.m. and the meeting will focus on "How to empower survivors to set realistic goals for the New Year."

~Yesenia Curiel, Crisis Intervention Coordinator

**WANT TO SHARE YOUR EXPERIENCE? BE ON THE ADVOCATE PANEL:**

**Tuesday, November 13<sup>th</sup> at 6:15pm at SBRCC**

Whether you've been an advocate for a long time or just a little while, we want to hear from you! This is open to all certified volunteers, not just those who work on the hotline!

The goal of the Advocate Panel is to give trainees an opportunity to hear about real experiences from the Advocates who volunteer at SBRCC. Some possible topics include:



- How you participate as a volunteer (Advocate on the Hotline, Speaker's Bureau, Long-term Counselor, Crisis Counselor, SAAM volunteer, etc.)
- Tips for the Hotline and In-person Crisis Counseling
- Suggestions for how to handle difficult audience members when giving a presentation
- Personal experiences (the good, the bad, and the ugly) you've had while volunteering and interacting with clients
- Initial fears or concerns you had when you began as an Advocate
- How you take care of yourself
- Valuable things you've learned
- Suggestions for new Advocates

These ideas are just to get you started, and you may share any experience or advice that you think will be beneficial for the new Advocates.

Please contact Katie Vasquez at 963-6832 x 19 or [katie@sbrcc.net](mailto:katie@sbrcc.net) to sign up!

## **SEXUAL ASSAULT AWARENESS MONTH VISION MEETING:**

**Thursday, November 29<sup>th</sup>, 6:30 – 8:30pm**

On my third day of work at SBRCC, I was told I would be responsible for coordinating SAAM. "Who's Sam?" I asked, and did he need a personal assistant or what?

SAAM, I learned, is movement-speak for "Sexual Assault Awareness Month," a statewide campaign that takes place each year during April. Though it's hard to believe, SAAM 2008 is right around the corner. We are coordinating a meeting of staff, volunteers, and supporters to develop a vision for this year's campaign—what sector of our community will we focus on reaching this year? What will our theme and key message be? How will we creatively bring that message to our focus-community? After the vision meeting, we will form a committee who will work together to passionately craft a powerful campaign that launches our community toward a violence-free future. You are invited to participate in the vision meeting and/or the coordinating committee, depending on your interest and availability.

**The SAAM vision meeting will be held on Thursday, November 29<sup>th</sup>, 6:30-8:30pm, at SBRCC.** Snacks will be provided. Please RSVP by calling 963-6832, ext. 12 or sending me a message at [alena@sbrcc.net](mailto:alena@sbrcc.net). Thank you!

~Alena Donovan, Community Education Coordinator

## **SAVE THE DATE: SBRCC HOLIDAY MIXER**

**Friday, December 7<sup>th</sup>, 6:00pm**

Please join SBRCC staff and volunteers to celebrate the year's accomplishments and enjoy our community. Bring a side-dish to share, and come ready to enjoy music, delicious treats, and a piñata!

Please RSVP by November 26<sup>th</sup> by contacting Ofelia at 963-6832 ext. 10 or [ofelia@sbrcc.net](mailto:ofelia@sbrcc.net). Also, please do not schedule counseling sessions at SBRCC after 4pm on December 7<sup>th</sup>.



## **GOOD SEARCH:**

### **HELP SBRCC BY SURFING THE WEB**

There is a new search engine called GoodSearch. They donate advertising proceeds to the non-profit of choice. You simply do your internet search through GoodSearch and designate SBRCC. To begin your search, go to [www.goodsearch.com](http://www.goodsearch.com) and write in Santa Barbara Rape Crisis Center under "who do you goodsearch for?" click "verify," then start your search.

Please use Goodsearch - powered by Yahoo!- instead of other search engines when you need to search the internet. Please use responsibly. If they suspect our users are abusing it - we could be removed. Please spread the word! The more people that use GoodSearch and designate SBRCC - the more the money will flow.

~Hilary Kleger, Development Director

## **DONATE OLD CELL PHONES**

Did you know you can support SBRCC by donating your used cell phones? The agency receives a financial contribution for each phone we collect, so please tell your friends and family to drop off their old and tired cell phones at our office.

~Ofelia Cervantes, Receptionist