Santa Barbara RAPE CRISIS CENTER
CENTRO CONTRA LA VIOLACION SEXUAL
more than rape, not only crisis

Annual Report to the Community 2016
VISION STATEMENT
Create a community free from all forms of sexual violence.

MISSION STATEMENT
Santa Barbara Rape Crisis Center empowers people through healing and social change to eliminate all forms of sexual violence. We are committed to transforming lives by providing services and education to meet the needs of our diverse community.

MESSAGE FROM THE BOARD VICE-PRESIDENT
Dear Friends of SBRCC:

It is my honor to present Santa Barbara Rape Crisis Center’s (SBRCC) Annual Report and highlight a few of our accomplishments this year.

SBRCC received a grant from the Fund for Santa Barbara and the County of Santa Barbara to provide education and awareness specifically to Latino families and Santa Barbara City College students residing in Isla Vista. Although our presence in Isla Vista is not new, SBRCC is working with various groups in Isla Vista to reach their constituencies and build awareness to end sexual violence.

SBRCC collaborated with SB County Jail staff to deliver services to incarcerated individuals and improve communication between both organizations. In addition, staff members worked with the Prison Rape Elimination Act Coordinator and facilitated inter-agency cross training.

SBRCC provided educational and crisis intervention services to clients referred by the Santa Barbara County Probation Department. Recognizing
that individuals referred by the probation department may be reluctant to disclose victimization they have experienced, SBRCC’s presentations introduced services by providing education on various topics. In this manner, the individuals in the program did not have to disclose that they are sexual assault survivors and instead, identify as someone who is interested in the topic. Some of the most popular presentations include “Learning to Accept What You Can’t Change,” “Understanding Violence in Our Society,” and “What We Learn from TV.” SBRCC’s educational sessions promote positive choices.

SBRCC will continue to work tirelessly with elected officials to make certain they take our cause to the highest political level. Now more than ever, we will do more to stand for justice.

We remain committed to ending sexual violence in all its forms. As part of our work to support survivors of sexual assault, we also stand against sexism, racism, xenophobia, poverty, homophobia and oppression against individuals with disabilities.

The trauma that survivors have experienced can be retriggered by the stories we are hearing in mainstream and social media. We will continue to support survivors of sexual assault by validating their experiences and listening to their needs. Together, we must speak out against any form of sexual assault.

We have immense opportunities to make a significant impact to empower sexual assault survivors and to eliminate all forms of sexual assault in our society, but we need your financial support to accomplish this.

Respectfully, I ask you to join me in support of our cause by making a tax-deductible financial contribution.

Frank Quezada
SBRCC Board Vice-President

“We have immense opportunities to make a significant impact to empower sexual assault survivors and to eliminate all forms of sexual assault in our society.”

SAVE THE DATE for the 9th Annual Chocolate de Vine
Saturday, April 29, 2017 at St. Barbara Greek Orthodox Church
1205 San Antonio Creek Road, Santa Barbara CA 93111

24-Hour Hotline: (805) 564-3696   www.sbrapecrisiscenter.org
Raising Awareness in the Santa Barbara Community

Sexual Assault Education in Isla Vista Project

SBRCC’s ongoing Sexual Assault Education in Isla Vista project has been very well received. The purpose of the project is to provide primary prevention and intervention services to residents who are not connected to UCSB, namely Santa Barbara City College students, families, and long-time residents. In the first year, we have substantially increased our visibility in the community by regularly participating in community meetings and events. We have strengthened relationships with community-based organizations, and are expanding the reach of our programming in the upcoming years. We are grateful for the partnerships we have built and the warm welcome we have been given by Isla Vista’s residents.

Some of our efforts in the past year have included:

- Working with Isla Vista Recreation and Park District to host our 2nd Annual One Billion Rising event in Anisq’o’yo’ Park. This Valentine’s Day event brought together community members and local organizations, using creative expression to raise awareness of the global epidemic of violence against women and girls.

- Providing workshops on gender socialization, consent, and healthy relationships for teens at the St. George Family Youth Center through our Guys for Change and Girls for Change groups.

- Holding two public screenings of Audrie & Daisy, a new documentary detailing the devastating effect that social media can have on teen survivors of sexual assault. Our Spanish-language screening gave parents the opportunity to process this difficult subject with one another, and identify ways in which to broach conversations around sexual assault with their children.

- Participating in popular community events, such as the Pardall Carnival, the Isla Vista Jugglers’ Festival, the Take Back the Night Rally & March, and the first annual Isla Vista Conference.

Isla Vista Campaign Merchandise

As part of our commitment to raise awareness of sexual assault in Isla Vista, we have produced a range of promotional products to be distributed at outreach events.

These items are branded with the campaign logo and include information about SBRCC’s services. In addition to pens, buttons, and magnets, popular new items include stickers, cell phone wallets, and compact reusable grocery bags. Pick one up at our next event!
In 2015–2016…

- SBRCC staff and volunteers assisted **622 survivors and their loved ones** with a total of **2,594 services** including counseling & emotional support, medical & legal advocacy and accompaniment, and information & referral.

- Over **5,700 members of our community** learned information about the impact of sexual assault in our lives and strategies for prevention. Of this number, **2,596 were youth**.

- **119 clients** took steps to regain a sense of confidence and power over their lives by attending counseling sessions and support groups.

- **In-service trainings** were provided to **284 professionals** including law enforcement, medical staff and social service professionals.

- **126 volunteers** from the community gave **9,803 hours** to SBRCC. They provided a network of support including crisis intervention, advocacy and community education, and assisted with office support and special events.

---

**SBRCC’s Total Operating Budget for FY ’15-’16 was $796,868.**

This graph illustrates the importance of local contributions to SBRCC’s operations and provision of services to survivors of sexual assault as well as the work towards eliminating sexual violence from our society.
Santa Barbara Rape Crisis Center was able to fulfill its mission with the support of these individuals and businesses in the past fiscal year.

Thank you for helping us do this vital work.

$30,000+
Anonymous
Wood-Claeyssens Foundation
Yardi Foundation

$10,000–$29,999
Fund for Santa Barbara
June G. Outhwaite Foundation
Roehrig Family Foundation
The Towbes Foundation
Women’s Ensemble
  Theater Troupe

$5,000–$9,999
Ann Jackson Family Foundation
Susan Bower
Montecito Bank & Trust
Venoco Inc.

$2,000–$4,999
DA Davidson & Co
Dreier Family Foundation
Fredric & Lundy Reynolds
  Family Foundation
Alan Irwin
Psi, Alpha Phi Omega
Tomchin Family Foundation
Zeta Psi UCSB

$1,000–$1,999
Anonymous
Anonymous
Debra P. Geiger & Eliot Crowley
HUB International
  Insurance Services
Junior League of SB
New Day Marketing Ltd.
Rabobank, N.A.
The Raintree Foundation
Susan Rose & Allan Ghitterman
Rotary Club of Santa Barbara
North Charitable Foundation

$500–$999
Edward St. George Rev Trust
James & Garilynn Stanfield
UCSB Juggling Club

$500–$999
Miguel Avila
Devon Geiger Nielsen
Margaret Connell
Debra Geiger
Ghita Ginberg
Edward Graper
Cheri Gurse & Carol Keator
Hutton Parker Foundation
George Juarez
Jon Kechejian
  & Sandy Schoolfield
Knapp Nursery, Patrick Caswell
The Manger Scout Fund
Cristi Michelon Vasquez
FLIR
Laz Salinas
Angela Sanchez
Linda Sanders
Sandra Lynne Living Trust
SB Women Lawyers Foundation
Tom Storm
The Towbes Group
Nancy Weiss & Marc Chylito
Robert & Paula Weiss
Supervisor Janet Wolf
UCSB Chancellor Henry Yang

$250–$499
Mary Atchley
Stephen & Linda Bailey
Kaleen Baker
Virginia Baker
Bank of America
Sarah Craig
Jacqueline Duran
Patricia Guillén
Tom Hoffman

April Howard
Armando Martel
Glen Phillips
Marnie & Steven Pinsker
The Press Room

$100–$249
Anonymous
Anonymous
Judy & Bruce Anticouni
Jean Ballantyne
Jaqueline Duran
Linda Bernson
Lawrence Bines
Marilynne Bird
Odile Sabine Blanchard
Tom & Joan Bolton
Betty Briggs
Leslie Brtek
Gloria Bryant
Stephen Carlan
Marybeth Carty
Madelyn Cole
Alison Cox & Joel Dee
Elizabeth Cox
Yesenia Curiel
Danielle De Smeth
Arleen Deitchman
Tish Gainey
Robert Gibson
Marilyn Goldman
Hallie Goodall
Ann Goodrich
Sally Green
Shari Guilfoyle
Gary & Susan Gulbransen
Daniel Hankey
Perri V. Harcourt
Bryan Harmon
Peter Hasler
Elizabeth Johnson
Bronwen Jones
David Jones
Kathryn E. Jordan
Deborah Karoff
Dawn & Joel Kaufman
Joshua Keith
Kathryn Kelley
Louise A LaMothe
David Lepe
Barry Levine
Sheila Lodge
Leann Madden
Thomas Mahoney
Kristen Meadows
Shannon Muller
Jeanie Murdock
Edward Naha
Dennis Nupdal
Shan O’Brien Goldman
Paul Mitchell School
Alexandra Ornelas
Osherenko-Young Foundation
Lucia & Johannes Overgaag
Claudia Pakes
Susan Parker
Robyn Posin
Simon Poulter & Annick Tardif
Neal Rabin
Claude Raffin
Megan Rheinschild
Thorn Robertson
Christiane Schlumberger
Jo-An Shelton
Jenny Silva
Judith Silverman
Darlene Serpa-Wickman
Judith Stepka
Jim & Carol Storm
Gail Sulmeyer
Susanna G. Williams Rev Trust
United Way
United Way
of Santa Barbara County
Carolyn Wathen
Nancy Werner
Mystica Williams
Alice Williams
Andrea Woodward
Karina Woolley
G. Wynne
James B. Young

Up to $100
Amazon Smile Foundation
Anonymous
Audrey Austin
Carol Bartoli
Diane S. Blau
Vicky Blum
J’Amy Brown
Helga Carden
Stacy Lynn Carr
Suzette Carter
Heather Heyerdahl
Janis Connally
The Connolly Family Trust
Sharon Candall
Cynthia Davis
Neil Elliot
Sema & Robert English
Alison Evans
Sharon Ewins
Katie Fallon
Karla Fernandez
Jay Fortman
Joy W. Frank
Mrs. Donald M. Fuhrer
Ali Geraghty
Giving Fund
Jodi Goldberg
Goodshop
Sally Graham
Elsa Granados
Jane Gray
Patricia Griffin
Lynn Hamilton
Margo Handelsman
Yvonne Hindmarsh
JB Holmes
Diane Huerta
Humble Bundle
Jacqueline Huth
Zoe Iverson
George Kaufmann
John Kennedy
Kathleen Keith
John Koegler
Carol Le Gassick
Nancy Lonshein
Anna Macdonnell Wilmans
Lucinda McLean
Heather Moine

Montecito Natural Foods
Jerry Morales
Dr. Arthur Morel
Cathy Murillo
Douglas Nam
Jaime Niedermeier
Laura Nissley
Carol Nord
Linda Oppen
Adriana & Armando Ortega
Pace Butler
Alberta Pate
Ellen Pillsbury
Julia Price Warren
Susannah E. Rake
Robbie Van Gelder
Mrs. Lee H. Robertson
Philip N. Robinson
Cheryl Rogers
Marian Rothstein
Jaye Ryan
Jo Ellen Sadecki
Martha Salcedo
Rene Saragosa
Francis Sarguis
Stephen Sassen
Beth Schneider
Geonine Scott
Patricia & Reilly Stark
Lyndy A. Stump
Lucia Teague
Transil Pro
Maria Rabatin
Lashara Cordero
Kaylia Tucker
Dana Vandermey
Richard Vincent
Amy L. Ward
Gail Wasserman
M. Welch
Robert & Julia Wilson
Katherine E. Wisner
Donald Wolfe
Tina Wooton
Kirsten Zecher
Randee Brookins and Karina Muñoz-Benalcazar are black belts in Dynamic Circle Hapkido and certified group fitness instructors. They co-teach SBRCC’s self-defense class which encompasses awareness, assertiveness, and physical techniques. Karen Villegas, SBRCC’s Community Education Coordinator, talked with them about their perspectives on self-defense, martial arts, and empowerment. Randee and Karina’s teaching model centers around three principles of self-defense—Poise, Voice and Choice.

Randee is the director of KUT Global, an award-winning national fitness kickboxing system. She is an author of a book called Black Belt Power—Inspirational Stories by Extraordinary Martial Artists. She’s an adventure seeker and life lover who has a passion to serve others.

Karina has eight years of experience teaching martial arts to learners ranging in age from three to sixty-six. Karina’s vision is to use martial arts as a tool to empower women to become role models in their communities.

Karen: What is the difference between self-defense and martial arts?
Karina: Martial arts is a discipline that goes beyond self-defense. It’s a way to practice mental and body awareness with a spiritual element, whereas self-defense is more action based.

Randee: Self-defense is just one of the five major components of martial arts.

Karen: Why do you think it’s important to take self-defense?
Randee: Having this basic training gives one extra knowledge and confidence.

Karina: Knowledge is power: the more informed you are, the more you feel empowered and in control in any given situation.

Karen: What motivated you to work with an agency like SBRCC?
Karina: Through education, I want to change the language and culture surrounding sexual violence. It’s imperative to expand education and be more conscious of how our language impacts others because that’s how we make lasting change.

Randee: I like teaching empowerment and helping people find their voice. I believe that you must take care of yourself before you can help others, and learning self-defense is a way of doing that.

Karen: What do you find most rewarding about teaching self-defense?
Randee: The aha moment when they learn something; their eyes light up, and they realize, “Yes, I can!”
Karina: Definitely that light bulb moment! You realize that you just made a difference in that person's life. You really connect with them and that’s amazing!

Karen: What do you think is the most fun about your class for participants?

Randee: As instructors, we are young, and love to have fun! We love watching people as they learn and defy expectations. Anyone can learn self-defense.

Karina: I love bringing out their “inner dare-devil”! In our classes, even the most quiet person gets to feel strong.

Karen: You recently held a workshop for high school students. What do you think is different about teaching teen girls self-defense?

Randee: Teens tend to be more timid than adults because they are still trying to find out who they are.

Karina: You have to be more connected and creative with teens. You have to meet them where they are. Teens are not always there (in class) by choice, so you may not get the message across unless you engage with them.

Karen: How has self-defense changed the way in which you move through the world?

Randee: It has changed how I react to situations. Self-defense has made me more grounded, and it has impacted the way I connect with others. It is a big piece of what I think of as self-care.

Karina: Self-defense allows me to feel empowered to help myself and others. When you use these skills, you are not only defending yourself, but you are communicating to the other person that their behavior is not okay. You can make a huge difference just by acknowledging a situation and using your voice. This is why it’s so important for women and girls to take this kind of class.

If you’re interested in taking a self-defense class, contact Karen Villegas at SBRCC.

The cost for the 4-hour class is $30 per person. Scholarships are available.
Chocolate de Vine 2016

On Saturday, May 14, 2016, at Rincon Events in Carpinteria, Santa Barbara Rape Crisis Center presented its 8th Annual Chocolate de Vine event. Exquisite California wines were abundant and ten local chocolatiers created some fantastic chocolate desserts. The evening was supported by many elected officials in our community. District Attorney Joyce Dudley passionately told a story of a survivor of sexual assault to whom SBRCC provided services. County Supervisors Salud Carbajal and Janet Wolf sponsored the event. Carpinteria City Council Member Fred Shaw poured delicious wine by Vinemark Cellars. Emcee Cathy Murillo, SB City Council Member, led the evening’s program, inviting guests to stroll through the beautiful venue and enjoy scrumptious food made by Rincon Events. City Council Member Gregg Hart wowed the crowd with his impeccable auctioneering skills.

The live auction featured a sojourn in Spain (mountain or beach house), a freshwater pearl bracelet, a four-night stay in Vegas, a trip via private plane to Monterey. For Dodgers fans, there were 4 tickets to a game and a case of a Dodger-approved wine, label provided by Qupé Winery. The winner of the trip to Montego Bay, Jamaica was M. Harrah.

The evening ended with awards given in the chocolatier competition: Best Tabletop Presentation—Lelé Patisserie; Outstanding Flavor—Renaud’s Patisserie & Bistro, and for the third year in a row, the coveted People’s Choice Award went to Stafford’s Chocolates. The judging was performed by chocolate experts Chef David Rosner of Wine Cask; Chef Jessica Foster, owner of Jessica Foster Confections; and Chef James Siao of Finch and Fork.

The event was a great success, thanks to generous donors and helpful volunteers. Guests walked away with commemorative wine glasses, full stomachs, and bright smiles knowing they supported a vital cause in our community!

SAVE THE DATE for the 9th Annual Chocolate de Vine
Saturday, April 29, 2017 at St. Barbara Greek Orthodox Church
1205 San Antonio Creek Road, Santa Barbara CA 93111

433 E. Cañón Perdido Street, Santa Barbara, California  93101
Dear Friends,

This is the season when we all get numerous requests for end of year donations. High on my list of organizations doing essential work in our community is Santa Barbara Rape Crisis Center. We cannot sit idly by knowing that one of every four women in America has been the victim of an attempted or completed rape in her lifetime, and the vast majority go unreported. Sexual assault knows no boundaries of race, gender, or economic status.

For over 40 years, Santa Barbara Rape Crisis Center has provided a sanctuary for survivors of sexual violence. SBRCC provides comprehensive care to sexual assault survivors. This includes counseling and emotional support, medical and legal advocacy, information and referral. Last year more than 600 clients, their friends and loved ones affected by the crime and its emotional aftermath, accessed these services. Trained counselors, dedicated staff and volunteers are on call around the clock to meet the needs of clients trying to heal their physical and emotional wounds. SBRCC also offers classes that empower and teach self-defense and incident avoidance.

Sexual violence happens every day to mothers, sisters and daughters. And while men are most often the perpetrators, boys and men can be victims as well. Three out of four LGBTQ individuals will be sexually abused at some time in their life. As individuals and as a community, we need to step up and support the vast array of services offered by SBRCC. We need you to ensure the continuation of this vital effort to care for our local residents who have experienced this very personal crime.

Please join me in taking a strong stand against sexual violence by supporting this critical work with a generous donation to Santa Barbara Rape Crisis Center.

Fred Shaw
Vice-Mayor, City of Carpinteria

P.S. Lisa and I will be making a gift that is a stretch for us—we hope that you will do the same.

Your tax-deductible contribution will allow SBRCC to provide the following services:

- $100 Provides bus tokens, phone cards, food vouchers for a survivor who doesn’t have other means
- $250 Provides a sexual assault survivor with a safe place to stay for 2 nights in an emergency
- $500 Offers two self-defense classes and educational materials to teen girls
- $1000 Ensures that for one month, survivors of sexual assault and their loved ones can access SBRCC’s 24-hour hotline
Save the Date
Saturday, April 1, 2017
at 10am

Linda Sanders of One on One Fitness is sponsoring an event to raise funds for Santa Barbara Rape Crisis Center. Come prepared to get a great workout and have a blast doing it. The class will include functional training: TRX, kettle bells, Landmine, cardio blast, yoga, stretch, and much more.

Location: 1809 E. Cabrillo Blvd., Suite B
Montecito, CA 93108
Cost: $75 per person
Contact: Linda Sanders, 969-9107

All proceeds from the event will go directly to Santa Barbara Rape Crisis Center.

Santa Barbara
RAPE CRISIS CENTER

CENTRO CONTRA
LA VIOLACION SEXUAL

433 E. Cañón Perdido Street
Santa Barbara, CA 93101

www.sbrapecrisiscenter.org

24-Hour Hotline: (805) 564-3696